Esophageal Manometry
Manometry is a study that is done by placing a narrow catheter in the esophagus, to determine how well the muscles of the esophagus work and helps diagnose any swallowing problems.

pH Probe
A pH Probe is attached to a small recording device, which is placed in the esophagus. This allows for the continuous measurement of acidity in your esophagus. Once placed, you will go home and participate in your usual activities, including eating and drinking, without difficulty. The number of reflux episodes and length of each episode will be recorded by the device attached to the probe. You will be instructed to keep a diary of any symptoms and the times that they occur (including what you are doing and feeling at that time), which will allow us to get the maximum amount of information from this study. The probe is typically worn for approximately 24 hours so that there is adequate opportunity to detect both daytime and nighttime GE reflux episodes.

Please Note that you will need to return to the office in 24 hours to have the pH probe removed.

Esophageal Manometry and Probe Information Link
www.asge.org/patients
www.sandhillscientific.com

Important Information

Medical Alerts
Be sure to check with your primary care physician for the following at least one week before your scheduled tests.

- If you are diabetic and are on any medications to control your blood sugar, please contact your primary care provider for instructions on taking your medication the day before and day of your procedure. Continue to monitor your blood sugar as usual.

- If you have a history of a bleeding disorder or if you have frequent unexplained bleeding, please inform our office and physician.

Insurance Authorization
Please make sure you have prior authorization from your insurance company for your endoscopy.

Important –
Please preregister at 207-97-8900
Instructions

pH Probe with or without Manometry*

Six Days before Probe
You should be off the following medications for 6 days prior to your study. If you have any questions regarding these or any other medications that are not on this list, please call our office. Please do not take the following medications.

Aciphex    Pepcid
Axid       Prilosec
Cimetidine Prilosec
Dexlansoprazole Propulsid
Esomeprazole Protonix
Kapidex    Ranitidine
Nexium     Reglan
Omeprazole Tagamet
Pantoprazole Zantac

*(Manometry Only)
If you are having a MANOMETRY only, please stay off Reglan and bethaneol for 48 hours prior to the study.

Day of the pH Probe & Manometry
For morning tests
If this test is scheduled before noon time, have nothing to eat or drink after midnight.

For afternoon tests
If this test is scheduled in the afternoon, please stop all liquids 8 hours before your appointment.

Please arrive at our Gastroenterology Center of Maine office on level one of the Webber Building.

Thank You for Choosing Gastroenterology Center of Maine