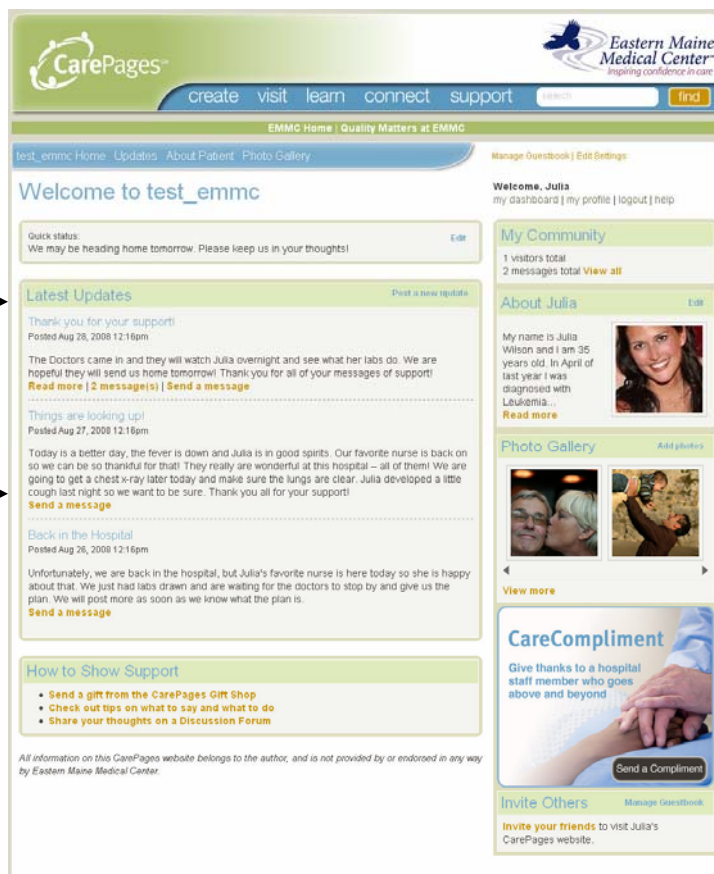




CarePages bring friends and family close...
when you need them the most.

CarePages are **free, private web pages** that help patients stay in touch with family and friends before, during, and after a hospital stay.

Eastern Maine Medical Center offers CarePages to all our patients. The service is secure and free of charge. Below is more information about CarePages, and instructions on how to create a CarePage so you can easily stay in touch with family and friends during your hospital stay.



Update friends and family on loved one's progress

Friends and family can post messages of support and encouragement using the Message Board

Visitors get information through special hospital links

Post up to 100 pictures with captions

Recognize hospital staff for providing outstanding care

TOGETHER We're Stronger

Patients and Families can get started in a few easy steps!

- **Visit:** www.carepages.com/emmc
- **Click** on "create a CarePages website"
- **Register**, and follow a few simple steps to complete your CarePages Website

Additional instructions on back





How to create your CarePage:

1. **Visit** www.carepages.com/emmc
2. **Sign in** – or Become a Member. If you've never been to CarePages.com, you must establish a username and password - will only take a minute.
3. **Create** - Select 'create a CarePages website.'
4. **Set-up** - Complete all of the required fields. When you are finished filling out your information, click the 'create' button at the bottom of the page. If there are any fields that require attention, you will see a red message display. Make any necessary corrections and click the 'create' button again.
5. **Success!** Take a moment to look around the CarePages website. Here are some areas that you, the CarePages Manager, should become familiar with:
 - Quick Status – give your visitors a brief synopsis prior to reading updates
 - Latest updates – post info you would like to share with your guests
 - Manage Guestbook – automatically store all your visitor info
 - Photo Gallery – post pictures at anytime
 - Invite Others – send your family & friends a personal invitation to your CarePages website and stay connected through your healthcare journey. They will automatically receive an e-mail each time you update your page.

**CarePages Customer Support is available anytime at
support@carepages.com or
(888) 852-5521
7am – 5 pm Eastern Time (8 am - 6 pm Central Time)
Monday through Friday**